

# Native Plants for New York City Rain Gardens



Rain gardens are shallow depressions designed to soak up water and support trees, shrubs, and flowers that tolerate both wet and dry conditions. Native plants are highly recommended for rain gardens because they are more pest resistant than nonnatives, require no fertilizer, and provide habitat for birds, butterflies, and other pollinators. Once established, the deep roots of native plants increase the water-holding capacity of the soil, hold it together, and prevent erosion. See our tip sheet “Creating a Rain Garden” for more information.

Rain gardens usually have two to three moisture zones, ranging from wet (lower areas with periodically saturated soils and short periods of standing water) to upland (sloping edges with fast-draining or dry soils). Here are some North American native plants listed according to the conditions in a rain garden in which they thrive: wet, upland, sunny, or shady. For more plant lists, visit [bbg.org](http://bbg.org).



Virginia Mountain Mint (*Pycnanthemum virginiana*).  
Photo by Uli Lorimer

## Herbaceous Plants for Sunny Wet Zone Sites

### FLOWERS

Sweet flag (*Acorus calamus*)  
Canada anemone (*Anemone canadensis*)  
Swamp milkweed (*Asclepias incarnata*)  
Marsh marigold (*Caltha palustris*)  
Turtlehead (*Chelone glabra*)  
Boneset (*Eupatorium perfoliatum*)  
Joe-pye weed (*Eupatorium maculatum*)  
Bedstraw (*Galium boreale*)  
Bottle gentian (*Gentiana andrewsii*)  
Sneezeweed (*Helenium autumnale*)  
Giant sunflower (*Helianthus giganteus*)

Oxeye sunflower (*Helianthus helianthoides*)  
Blue flag (*Iris versicolor*)  
Spike gayfeather (*Liatris spicata*)  
Great blue lobelia (*Lobelia siphilitica*)  
Prairie phlox (*Phlox pilosa*)  
Virginia mountain mint (*Pycnanthemum virginiana*)  
Meadowsweet (*Spiraea alba*)  
New England aster  
(*Symphyotrichum novae-angliae*)  
Tall meadow rue (*Thalictrum dasycarpum*)  
Blue vervain (*Verbena hastata*)  
Culver's root (*Veronicastrum virginicum*)  
Golden Alexander (*Zizia aurea*)

## GRASSES AND SEDGES

Big bluestem (*Andropogon gerardii*)  
Blue joint grass (*Calamagrostis canadensis*)  
Sedges (*Carex* species)  
Canada wild-rye (*Elymus canadensis*)  
Rushes (*Juncus* species, *Scirpus* species)  
Rice cutgrass (*Leersia oryzoides*)  
Wool grass (*Scirpus cyperinus*)  
Indian grass (*Sorghastrum nutans*)  
Cordgrass (*Spartina pectinata*)

## Herbaceous Plants for Shady Wet Zone Sites

### FLOWERS

Wild sarsaparilla (*Aralia nudicaulis*)  
Marsh marigold (*Caltha palustris*)  
Turtlehead (*Chelone glabra*)  
Joe-pye weed (*Eupatorium purpureum*)  
Virginia waterleaf (*Hydrophyllum virginianum*)  
Spotted touch-me-not (*Impatiens capensis*)  
Cardinal flower (*Lobelia cardinalis*)  
Canada mayflower (*Maianthemum canadense*)  
Virginia bluebells (*Mertensia virginica*)  
Woodland phlox (*Phlox divaricata*)  
False dragonhead (*Physostegia virginiana*)  
Tall meadow rue (*Thalictrum dasycarpum*)  
Foamflower (*Tiarella cordifolia*)

### FERNS

Ostrich fern (*Matteuccia pennsylvanica*)  
Sensitive fern (*Onoclea sensibilis*)  
Cinnamon fern (*Osmunda cinnamomea*)  
Interrupted fern (*Osmunda claytoniana*)  
Royal fern (*Osmunda regalis*)  
Marsh fern (*Thelypteris palustris*)

## Shrubs for Wet Zone Sites

Most of these species do well in sun or shade.

Black chokeberry (*Aronia melanocarpa*)  
Buttonbush (*Cephalanthus occidentalis*)  
Silky dogwood (*Cornus amomum*)  
Gray dogwood (*Cornus racemosa*)  
Red-osier dogwood (*Cornus sericea*)  
Red-osier dogwood 'Isanti' (*Cornus sericea* 'Isanti')  
Hazelnut (*Corylus americana*)  
Dwarf bush honeysuckle (*Diervilla lonicera*)  
Winterberry (*Ilex verticillata*)  
Fragrant sumac (*Rhus aromatica*)  
Meadowsweet (needs sun) (*Spiraea alba*)  
Snowberry (*Symphoricarpos alba*)  
New York aster (*Symphotrichum novi-belgii*)  
Nannyberry (*Viburnum lentago*)  
American cranberry (*Viburnum trilobum*)  
American cranberry 'Compacta'  
(*Viburnum trilobum* 'Compacta')

## Native Plant Sources

Never dig up plants that you find in undeveloped areas or on public land. To do so would benefit your garden at nature's expense—and it is often illegal. Nurseries are beginning to sell more native plants as the demand for them increases, so ask your local nursery to stock them. Here are a few local nurseries that offer natives. Native plants are also widely available via mail order and online. Visit BBG's Gardener's Resource Center or [bbg.org](http://bbg.org) for more information.

Gowanus Nursery [gowanusnursery.com](http://gowanusnursery.com)  
9 Carroll Street, Brooklyn | 718-852-3116

Eastern Plant Specialties [easternplant.com](http://easternplant.com)  
PO Box 385, Rahway, NJ 07065 | 732-382-2508

Fort Pond Native Plants [nativeplants.net](http://nativeplants.net)  
Montauk, NY | 631-668-6452

HR Talmage  
Riverhead, NY | 516-727-0124

Green Belt Native Propagation Center  
Staten Island, NY | 718-370-9044

Toad Shade Wildflower Farm [toadshade.com](http://toadshade.com)  
Frenchtown, NJ | 609-259-8585

Bill Kolvek Perennials [bkperennials.com](http://bkperennials.com)  
Woodcliff, NJ | 845-735-2904

Wild Earth Native Plant Nursery  
Freehold, NJ | 732-308-9777

## Herbaceous Plants for Sunny Upland Zone Sites

### FLOWERS

Giant Hyssop (*Agastache foeniculum*)  
Wild columbine (*Aquilegia canadensis*)  
Butterfly weed (*Asclepias tuberosa*)  
Tickseed 'Moonbeam'  
(*Coreopsis verticillata* 'Moonbeam')  
Purple coneflower (*Echinacea purpurea*)  
Oxeye sunflower (*Heliopsis helianthoides*)  
Blazing star 'Kobold' (*Liatris spicata* 'Kobold')  
Beebalm (*Monarda didyma*)  
Black-eyed Susan (*Rudbeckia hirta*)  
New England aster  
(*Symphotrichum novae-angliae*)  
Showy goldenrod (*Solidago speciosa*)

### GRASSES

Switchgrass (*Panicum virgatum*)  
Little bluestem (*Schizachyrium scoparium*)

## Herbaceous Plants for Shady Upland Zone Sites

Green-and-gold (*Chrysogonum virginianum*)  
Wild geranium (*Geranium maculatum*)  
Coral bells (*Heuchera americana*)  
Virginia bluebells (*Mertensia virginica*)  
Virginia creeper (*Parthenocissus quinquefolia*)  
Partridgeberry (*Mitchella repens*)  
Blue wood aster (*Symphotrichum cordifolium*)

### FERNS

Interrupted fern (*Osmunda claytonia*)  
Christmas fern (*Polystichum acrostichoides*)

## Shrubs for Shady Upland Zone Sites

Serviceberry (*Amelanchier canadensis*)